



Monterey County Schools Insurance Group

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MHN provides the Behavior Health Benefits and Employee Assistance Program (EAP) for the members of the Monterey County Schools Insurance Group (MCSIG)

Benefits cover all employees and families of school districts participating in the MCSIG Benefits programs

EAP:

Clinical sessions (5) at no cost to members

Work/Life Benefits provides services for:

Child/Eldercare

- Child/Eldercare: now with guaranteed availability, expert needs assessment
- Legal: free 30 minute face to face or telephonic consultation, online tools and articles
- Financial: unlimited access, online tools and articles
- Identity Theft: counseling and online services
- Daily Living: personal care, travel services

Childcare: family daycare, daycare facilities, in-

Our wellness coaching services offer extra support when you're ready to change your life. Just call to schedule an initial goal-setting consultation. Then you can:

- Schedule follow-up calls with your coach.
- Reach out as needed via phone, email or IM.
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