**Position:** Athletic Trainer

**Position Number:** 

Transports or accompanies athletes to appointments for medical treatment or games. Conducts an initial assessment of an athlete's illness or injury in order to provide emergency or continued care.

Provides referrals to physicians, health services, hospitals and other health professionals as necessary.

Schedules and assists with the administration of pre-participation physical examinations for student athletes.

Provides participation clearances when necessary and warranted.

Applies protective or injury preventive devices such as bandages, braces, or tape to body parts such as ankles, fingers, or wrists.

Assesses and reports the progress of recovering athletes and their readiness to play to coaches and physicians.

Prepares and maintains a variety of records, reports, and correspondence including injury and accident reports, rehabilitation logs and insurance claims.

In cooperation with athletic training staff, creates, updates, and maintains confidential athlete files and records.

Cares for athletic injuries using sound therapy equipment and techniques.

Recommends special diets in order to improve athletes' health, increase their stamina, and/or alter their weight.

Provides support and guidance for students interested in entering athletic training programs at different institutions.

Cleans, disinfects, and maintains training facility and equipment and schedules equipment servicing as needed.

Collaborates with physicians in order to develop and implement comprehensive rehabilitation programs for athletic injuries.

Inspect facilities and equipment, including dressing rooms, showers, playing fields and courts, to reduce and eliminate hazards for student athletes.

Inventories and orders training room supplies.

Performs other duties as assigned.

## KNOWLEDGE, SKILLS AND ABILITIES:

## KNOWLEDGE OF:

Principles and elements of anatomy, physiology, kinesiology, and nutrition. Diagnostic signs and symptoms and related treatment of various physical injuries. Principles, techniques and procedures used in the prevention, care and rehabilitation of athletic injuries.

Various types of therapeutic treatments, equipment and conditioning programs.

First aid medical procedures, including CPR.

Safety guidelines and regulations in athletic and therapeutic activities.

Safety and protective equipment used in sports.

General health and procedures used to prevent contamination.

Taping and bandaging techniques.

Operation of therapeutic devices.

Sports injury record keeping, and the privacy laws.

February 2017 Human Resources & Equal Employment Opportunity Recordkeeping and report preparation techniques to ensure information is accurately presented.

Math including addition, subtraction, multiplication, and division.

Proper English usage, including spelling, grammar, and punctuation in order to compose items such as correspondence and/or reports.

Customer service principles in order to appropriately interact with students, staff, faculty, and the public.

Current computer operating systems, software applications and office productivity software such as word processing, spreadsheets, calendaring, presentation, and database programs.

## SKILL TO:

Administer care for injuries such as fractures, dislocations, sprains, strains, concussion, contusions, cuts, and abrasions.

Operate therapeutic devices, aid the team physician in physical examinations and reconditioning programs.

Operate a vehicle observing legal and defensive driving practices.

Operate a variety of first aid and adaptive equipment and administer first aid and athletic therapy.

Use and operate athletic rehabilitation and weight equipment.

Conduct an effective training program.

Make quick decisions in emergency situations.

Effectively communicate with individuals for whom English is not a primary language.

Exercise tact, diplomacy and confidentiality in dealing with sensitive and complex issues and situations.

Plan and organize work to meet established timelines and department schedules.

Operate standard office equipment such as computers, fax machines, copy machines, telephones, and others.

Utilize word processing, spreadsheets, email, online calendaring and data entry/retrieval from database programs.

Rapidly learn and acquire skills in areas and technologies not previously assigned. Type at a sufficient speed to maintain workflow.

# ABILITY TO:

Establish and maintain effective working relationships with District administrators, management, staff, business and industry contacts, vendors, independent programs consultant/trainers, and the public.

Understand, be sensitive to and respect the diverse academic, socio-economic, ethnic, religious, and cultural backgrounds, disabilities and sexual orientation of students, teachers, administrators and staff.

Develop and implement individualized rehabilitation and reconditioning for injured students.

Identify when referrals to physicians, health services, hospitals and other health professionals are necessary.

Provide appropriate treatment to athletes to prevent injury or re-injury.

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Attend off-campus sporting events as needed.

physically violent or combative; work collaboratively in a team environment, work with sensitive and confidential information.

May have to work a flexible schedule of hours and days, including weekend work, to accommodate athletics schedule. Position requires driving a vehicle to off-campus athletic events.