



CONTROLLED SUBSTANCES

Controlled substances are those defined in Education Code Sections 87011 and 88022. The following is a sample list of controlled substances. This is by no means comprehensive, but provides primary categories defined as controlled substances and one or more examples of each.

1. **Opiates** including:
 - a. Benzethidine
 - b. Methadone
 - c. Propiram
2. **Opium derivatives including:**
 - a. Codeine
 - b. Heroin
 - c. Morphine
3. **Hallucinogenic substances including:**
 - a. Lysergic acid diethylamide
 - b. Mescaline
 - c. Peyote
 - d. Marijuana
4. **Depressants including:**
 - a. Methaqualone
 - b. Alcohol
5. **Stimulants on the central nervous system, including isomers:**
 - a. Cocaine
 - b. Methamphetamine or derivatives
6. **Any narcotic not specifically prescribed by a physician.**

DANGERS OF DRUGS & ALCOHOL

The dangers of abusing controlled substances to individuals include, but are not limited to, the following possible effects:

- Increased susceptibility to illness.
- Possibility of malnutrition.
- Increased tolerance for psychological dependence.
- Higher propensity to have accidents.
- Involvement in crime.
- Disturbed sleep patterns.